

Estate Planning Council of Vancouver 2018/2019 Dinner Menus

October 30, 2018

REGULAR

Mixed House Greens, buttermilk ranch dressing Pan-Seared Cod, garlic potato puree, grilled corn salsa, vert sauce

VEGETARIAN

Chick peas & Red lentil stew, biryani rice, mint yoghurt

Banana & Coconut Panna Cotta Coffee/Tea

November 27, 2018

REGULAR

Bocconcini Salad, ripe tomatoes, artichokes, basil oil & balsamic reduction Roasted Pork Porchetta, fork mashed potatoes, green beans, own jus

VEGETARIAN

Risotto, navy beans stew & pesto

Poached Pear, ginger cream, red wine reduction Coffee/Tea

January 29, 2019

REGULAR

Cream of Mixed Mushroom Chicken Breast, rice pilaf, tarragon cream

VEGETARIAN

Stir-Fry Mixed Vegetables, Tofu, baby corns, bell peppers, carrots, mushrooms, celery Steamed jasmine rice

> Almond Frangipane Peach Tart, cinnamon cream, anglaise Coffee/Tea

February 26, 2019

REGULAR

Tuscan Bean Soup Striploin, roasted potatoes, asparagus spears hollandaise sauce

VEGETARIAN

Pan Fried Mushroom Pate, lentil bolognaise, polenta

Crème Caramel Coffee/Tea

April 2, 2019

REGULAR

House Greens, apple & walnuts, zesty vinaigrette Boneless Cornish Game Hen, porchetta rub, roasted herb potatoes, grilled vegetables

VEGETARIAN

Thai Green Curry Vegetable, carrot, bell peppers, onions, sue choy, tofu Steamed jasmine rice

Sticky Date Pudding, vanilla ice-cream Coffee/Tea

May 7, 2019

REGULAR

Watermelon Salad, cucumber, Bermuda onions, feta cheese, lime Pan-Sear Salmon, sweet peas quinoa pilaf, puttanesca sauce

VEGETARIAN

Crisp Tofu, fried rice, baby bok choy

Raspberries & Apple Crumble, *vanilla ice-cream* Coffee/Tea

June 4, 2019

REGULAR

Butter Lettuce Mimosa

Duck Leg Confit, Lyonnaise potatoes, shallot jus

VEGETARIAN

Ratatouille, stewed tomatoes, bell pepper, eggplant & squash, soft polenta, tofu

Warm Ginger Cake, vanilla ice-cream Coffee/Tea