

# Estate Planning Council of Vancouver 2019/2020 Dinner Menus

#### October 29,2019

### REGULAR

Pumpkin Soup Crème Fraiche Spinach & Ricotta Cheese Ravioli marinated mixed mushrooms & herb butter sauce

### VEGETARIAN

Grilled Hallumi, roasted vegetables, garlic mushrooms, saffron rice

Seasonal Fruit Crumble, vanilla ice cream Coffee/Tea

#### November 26, 2019

#### REGULAR

Curry Zucchini Soup Chicken Tikka, onions, tomatoes, cucumber raita, biryani rice Vegetarian Chickpeas & Red lentil stew, biryani rice, mint yoghurt

Crème Caramel, *infused with cardamom*, ginger cookie Coffee/Tea

## January 28, 2020

## REGULAR

Caesar Salad Baked Salmon, *mushroom crust, soft polenta, beurre noisette* 

## VEGETARIAN

Stir-Fry Mixed Vegetables, tofu, *baby corns, bell peppers, carrots, mushrooms, celery* Steamed jasmine rice

> Banana Bread Pudding, vanilla ice-cream Coffee/Tea

#### February 25, 2020

### REGULAR

Cauliflower & Cheddar Soup California Cut Striploin, roasted potatoes, asparagus spears hollandaise sauce

## VEGETARIAN

Pan Fried Lentil Pate, buttered sweet peas, tomato sauce

Chocolate Crème Brulee Coffee/Tea

#### April 7, 2020

### REGULAR

Tuscan Bean Soup Braised Duck Leg, barley risotto, buttered carrots, pearl onion & peas

### **VEGETARIAN**

Barley Pilaf, roasted seasonal vegetables, red pepper coulis

Sticky Date Pudding, vanilla ice-cream Coffee/Tea

## May 5, 2020

### REGULAR

Quinoa Parsillade Salad, house greens, zesty herbs vinaigrette Teriyaki Salmon, sushi rice, mango cabbage slaw with ginger dressing

## VEGETARIAN

Crisp Tofu, sushi rice, mango cabbages slaw with ginger dressing

Matcha Panna Cotta *almond cookie* Coffee/Tea

June 2, 2020

## REGULAR

Crisp Iceberg, pecan, bacon bits & blue cheese dressing Roasted Turkey, glazed chestnuts, mashed potatoes, seasonal vegetables

## VEGETARIAN

Ratatouille, stewed tomatoes, bell pepper, eggplant & squash, soft polenta, tofu

Summer Berries, vanilla mascarpone, cookie crumbles Coffee/Tea